

# Township of Ocean Services for Seniors

*Empowering our Seniors to live healthy active lives.*

- ◆ Transportation
- ◆ Recreation
- ◆ Health & Wellness



*“The longer I live the more beautiful life becomes”*  
- Frank Lloyd Wright



**Township of Ocean**  
**Department of Human Services**  
601 Deal Road Ocean, NJ 07712  
732-531-2600 [www.oceantwp.org](http://www.oceantwp.org)



**The Township of Ocean Dept of Human Services** is committed to providing services and programs to senior residents that promote their well being, support their independence and empower them to live active, healthy lives.

We offer the following services:

### **TRANSPORTATION**

The Township of Ocean provides **FREE** transportation for Ocean seniors 65 or older utilizing our township vans for medical appointments and shopping.

**Medical appointments:** Rides are provided on Mondays, Wednesdays and Fridays, 9 am - 2 pm. Township vans transport passengers to appointments at nearby doctors offices and hospitals.

**Note:** *Transportation for ongoing medical appointments is limited to 12 weeks per calendar year.*

**Shopping:** Rides are provided for shopping and errands on Tuesdays and Thursdays, 9am-2pm.

**Monmouth County SCAT:** The Township of Ocean has partnered with Monmouth County SCAT to offer **FREE** transportation for Ocean seniors 60 or older to ShopRite in Neptune and Wegmans in Ocean. Participants must register by calling 732-431-6480. Once registered, rides will be scheduled through the Township of Ocean Dept. of Human Services 732-531-2600.

### **SENIOR CENTER**

The Don & Marie Curtis Senior Center on West Park Ave. is a gathering and recreation space for seniors. Please visit our website [oceantwp.org](http://oceantwp.org) / senior services for a schedule of programs and events.

### **COUNSELING**

The Department of Human Services provides professional counseling services that address a variety of needs including: individual counseling, couples and family counseling, grief counseling. There is no charge for most services for residents of the Township of Ocean and transportation is available for those who request it. Please call 732-531-2600 for more information and to schedule an appointment.

### **LET'S TALK**

Join other seniors living in Ocean Township for friendly conversation, coffee and light refreshments. Moderated by licensed counselors. Seniors explore topics of interest such as health & wellness, family relationships and who we are today. There is no cost to join. For more information and to register call 732-531-2600

### **MEALS ON WHEELS**

Homebound seniors can apply to receive mid-day meals delivered Monday through Friday. The meals are prepared by Interfaith Neighbors and delivered by volunteer drives. A nominal fee is requested to help subsidize the cost of the meals. For information about applying for this service call 732-531-2600.

### **HEALTH SCREENINGS**

The Visiting Nurse Association conducts free health screenings on the third Thursday of each month at 1 pm at the Don & Marie Curtis Senior Center. No appointment is necessary.

### **RECREATION**

The Township of Ocean offers plenty of fun-filled activities and helpful programs for a nominal fee. Senior programs include fitness classes, painting instruction and meditation. Please call 732-531-2600 for more information.

# SENIOR TRANSPORTATION

## REGISTRATION AND PROCEDURES

In order to use The Township transportation service, you must register with the Department of Human Services.

Call 732-531-2600 during regular business hours, Monday - Friday, 8:30 am - 4:00 pm.

You will be asked to provide the following information:

- ◆ Name
- ◆ Complete Address
- ◆ Telephone Number
- ◆ Date of Birth
- ◆ Local Emergency Contact (Name & Phone Number)

To schedule a trip, call the office **at least two days in advance.** Always include your name, phone number, destination and date of needed transportation. Please be ready at least fifteen minutes before your scheduled pick-up time.

To use the **SCAT** service, participants must call and register with Monmouth County DHS transportation 732-431-6480 Option 1. Once registered, please call 732-531-2600 to schedule your \*shopping trip. \***Specific SCAT shopping days are listed on the Senior Transportation Calendar.**

Age is an issue of  
mind over matter.  
If you don't mind,  
it doesn't matter.  
Mark Twain



**Township of Ocean Department of Human Services**  
601 Deal Road Ocean, NJ 07712  
732-531-2600 [www.oceantwp.org](http://www.oceantwp.org)



# SENIOR TRANSPORTATION SCHEDULE

## Township Van - Senior residents 65+

| Destination          | Day(s)                        | Time            | Service      |
|----------------------|-------------------------------|-----------------|--------------|
| Doctors Appointments | Monday<br>Wednesday<br>Friday | 9:00am - 2:00pm | Township Van |
| Local Errands        | Tuesday<br>Thursday           | 9:00am - 2:00pm | Township Van |

## SCAT Bus - Senior residents 60+

| Destination | Day(s)                                      | Time  | Service                                      |
|-------------|---|---|--|
| ShopRite    | Tuesday<br>(3 times a month)*               | 12 - 1 pm pick-up<br>(driver returns 90<br>minutes after arrival) | <b>SCAT Bus</b><br>(limit 2<br>grocery bags) |
| Wegmans     | Fridays<br>(First Friday of each<br>month)* | 12 - 1 pm pickup<br>(driver returns 90<br>minutes after arrival)  | <b>SCAT Bus</b><br>(limit 2<br>grocery bags) |

\*Specific SCAT shopping days are listed on the Senior Transportation Calendar.

***Times are approximate and subject to change.  
Please call the Township Office at least two days in  
advance to schedule your ride.***



**Township of Ocean Department of Human Services**  
601 Deal Road Ocean, NJ 07712  
732-531-2600 www.oceantwp.org

