

Senior Services Directory

Name of Service & Contact

Service Description

1. **Pharmaceutical Assistance to the Aged and Disabled (PAAD)**
.....1-800-792-9745

Department of Human Services
Division of Medical Assistance and Health Services
State of New Jersey Department of Health and Senior Services
Mailing Address:
PAAD Program, P.O. Box 715
Trenton, NJ 08625

This program allows persons permanently disabled or 65 years of age or older, who meet eligibility requirements, to obtain certain prescription drugs and insulin at a reduced rate. Applications can be obtained from your local pharmacy or by calling the Monmouth County Office on Aging at (732) 431-7450 or 1-800-246-9292.

I. Subsidiaries:

A. **HAAAD Program (Hearing Aid Assistance to the Aged and Disabled)**

Persons eligible can receive a rebate of \$100 with proof of purchase of a hearing aid. Must meet PAAD eligibility requirements.

B. **Lifeline Assistance Homeowners/Tenants/Renters Credit Program**

This program provides \$225 credit for utilities to homeowners, renters, and tenants whose utilities are included in their rent. Must be eligible for the PAAD Program. This program does not cover bottled gas, propane or oil. The credit can be divided between (2) utility companies or one company of your choice.

2. **Motor Vehicle Registration Discount**
.....1-888-486-3339

Persons eligible for the PAAD Program or Lifeline Program qualify for reduced charges for car registration for their vehicles. Based on the age and type of vehicle, a

credit is allowed against the total fee. A copy of PAAD card or letter from Lifeline showing your eligibility must be returned with your registration notice and check. Contact the Division of Motor Vehicle Services at the above number for more information.

A 15% discount will be given to seniors with a PAAD card. Hotline staff will forward name, address and county to proper Dental Society who will then forward a list of the participating dentists.

Retirement, Survivors, Disability, Medicare and Supplemental Security Benefits: Process initial applications and provide post-entitlement assistance.

Service to the railroad public in areas of retirement, survivor, unemployment and sickness benefits.

Processing of benefits and claims for veterans.

3. Senior Dent Program
.....**1-800-792-8820**

4. Social Security Administration
.....**1-800-772-1213**
645 Neptune Blvd.
Neptune, NJ 07753
(732) 869-1834
Hours: 9:00 a.m. to 4:00 p.m.
Monday through Friday

5. U.S. Railroad Retirement Board
.....**(973) 645-3990**
60 Park Place, Rm. 516
Newark, NJ 07102
Hours: 9:00 a.m. to 3:30 p.m.
Monday through Friday

6. Veterans Service Bureau
.....**(973) 645-3596**
.....**1-800-872-1000**
20 Washington Place
VARO, Rm. 439
Newark, NJ 07102-3174
Hours: 8:30 a.m. to 4:30 p.m.
Monday through Friday

Continued: Benefits

Monmouth County Veterans Service

601 Bangs Avenue
Asbury Park, NJ 07712
(732) 775-7009

CONSUMER PROTECTION

Name of Service & Contact

Service Description

1. **Better Business Bureau-Central
New Jersey.....(609) 588-0808**
1700 Whitehorse-Hamilton Square Rd.
D-5, Trenton, NJ 08690
Fax: 609-588-0546
Hours: 9:00 a.m. to 4:30 p.m.

Provide information on companies in their files. Provide information on charitable organizations. Provide assistance to consumers with complaints against local firms.

2. **Monmouth County Dept. of
Consumer Affairs**
.....(732) 431-7900
50 E. Main Street
P.O. Box 1255
Freehold, NJ 07728
Hours: 8:30 a.m. to 5:00 p.m.
Monday through Friday

Mediates complaints for consumers. Provides speaking engagements to interested groups, provides literature, pamphlets and brochures to the public.

3. **State of New Jersey Office of
Consumer Protection (Main Office)**
.....1-800-242-5846
124 Halsey St.,
P.O. Box 45025
Newark, NJ 07102
Hours: 9:00 a.m. to 5:00 p.m.
Monday through Friday

Complaints must be submitted in writing. However, you can call for information and advice on the best way to proceed when you have a complaint.

EDUCATION

Adult Education Classes:

Asbury Park Adult Learning Center.....(732) 776-2666
Bayshore Adult Education Program.....(732) 264-5313
MAECOM/Monmouth Ocean Educational Services.....(732) 542-3439
Search Adult Program.....(732) 938-3003
Senior Citizens Activities Network, Inc. (SCAN).....(732) 542-1326

Colleges:

I. Brookdale Community College (Main Campus)

765 Newman Springs Rd., Lincroft, NJ 07738, (732) 842-1900

Hours: 8:30 a.m.- 10 p.m.

Monday through Friday

Offers Credit Courses, Non-Credit Courses, Degree and Certificate Programs-in a wide variety of disciplines.

A. Brookdale/Asbury Park Learning Center

601 Grand Avenue, Asbury Park, NJ 07712

732-224-2780

Monday through Thursday 8:30 a.m.- 5 p.m.

- Offers entry-level courses in most of the College's credit programs and provides academic support services to accommodate enrolled students.

B. Freehold Education Resources Center

3680 Route 9 South, Freehold NJ 07728

732-780-0020 or 732-625-7003

Monday through Friday 8:30 a.m.- 5p.m.

- Offers Credit Courses, Non-Credit Courses, Displaced Homemaker Counseling, GED, Adult Basic Education, Career Resource File, Career Information Delivery Systems, Computerized Job Information.

C. Community Development

Newman Springs Rd., Lincroft, NJ 07738

732-224-2315

- Community Development is the non-credit area of Brookdale Community College. It offers a wide variety of short-term seminars and workshops on a variety of topics ranging from personal growth to business skills for all ages.

D. Office of Adult Education

213 Broadway, Long Branch, NJ 07740
732-229-8440 (outside line) or 732-224-2757
Monday through Friday 8:30 a.m.-5 p.m.

•Offers Non-Credit Adult Education and basic skills programs throughout Monmouth County for adults.

II. Rutgers Cooperative Extension of Monmouth County-Home Economics

Department

20 Court Street, Freehold, NJ 07728
732-431-7271

Monday through Friday 9:00 a.m.- 4:30 p.m.

Adult education program in home economics. The program offers special events; lectures; home study courses; and an education letter series.

III. Senior Citizens Activities Network (SCAN)

Monmouth Mall, Intersection of Highways 35 and 36
Eatontown, NJ, 07724
732-542-1326

Monday through Friday 10:00 a.m.–3:00 p.m.

Offers over 100 cultural, educational and informational programs in a non-traditional, familiar mall setting for persons age 55 and older. Classes include: languages, computers, art, aerobics, physical fitness, financial, health, music, TV production and dance programs.

EMPLOYMENT

Name of Service & Contact

Service Description

- 1. Monmouth County Division of Employment and Training**
.....(732) 747-2282
170 Monmouth St., Red Bank, NJ 07701
Monday through Friday 8:30 a.m.- 5 p.m.

Assessments, vocational training and job readiness training is provided to adults, either on-the-job or in a classroom setting. For individuals of low-income facing serious barriers to employment or who lose their jobs due to a layoff.

- 2. The National Council on Aging**
.....(732) 345-0038
170 Broad Street, Red Bank, NJ 07701

NCOA, Inc. is a national non-profit organization dedicated to improving the lives of older Americans. The New Jersey Workforce Resource Center has part-

3. **Green Thumb, Inc./Experience Works!**
(609) 890-2121
 P.O. Box 8303, Trenton, NJ 08650-0303
 Monday through Friday 8:30 a.m.- 5 p.m.

2139 State Highway 33, Suite 2
 Hamilton-Square, NJ 08690
 New Jersey-Maryland Office

time employment and training opportunities in a variety of occupations.

Offers employment counseling; job development; referrals to skills training; senior community service employment (temporary employment/training); referrals to supportive services to provide the basics of food, clothing, shelter; free or low-cost health care.

4. **S.C.O.R.E. (Service Corps of Retired Executives)**.....(732) 224-2573
 ...(for appointments).....(732) 219-9119
 Brookdale Community College Career Services Center
 Newman Springs Rd., Lincroft, NJ 07738

A volunteer organization of retired executives and active small business owners and corporate executives who assist people who wish to start a small business or who are already in business. Offers free counseling on starting up your own business and maintaining it. Tuesday afternoons at 2:00 and 3:00 p.m.; Thursday evenings at 7:00 and 8:00 p.m. at the Monmouth County Library in Manalapan call (732) 431-7222 for an appointment.

5. **New Jersey Division of Employment Services**.....(732) 775-1566
 60 Taylor Avenue, Neptune, NJ 07753
 Monday through Friday 8:30 a.m.-4:30 p.m.

Offers a free labor exchange for individuals and employers; offers free placement service to people seeking work and a centralized pool of workers to employers who have jobs to fill; assists individuals who receive public assistance to become self-sufficient.

Monmouth County One-Stop Career Center Sites:

•NJ Department of Labor

.....(732) 775-1566
60 Taylor Avenue, Neptune, NJ 07753
Monday through Friday 8:30 a.m.-4:30 p.m.

•Monmouth County Vocational School District:

.....(732) 431-3773
Career Center, Kozloski Rd., Freehold, NJ

.....(732) 229-3019
Adult Tech. Center., 255 West End Ave., Long Branch

•Hispanic Affairs and Resource Centers of Monmouth County

.....(732) 774-3282
913 Sewall Avenue, Asbury Park

.....(732) 222-4473
46 Memorial Parkway, Long Branch
Contact: Antonia Alvarez

•Monmouth County Library Eastern Branch, Rte.35, Shrewsbury
Monday through Thursday 9:00 a.m.-9 p.m., Fridays and Saturdays 9:00 a.m.-5 p.m.

•Monmouth County Division of Social Services

.....(732) 431-6000
Kozlowski Rd., Freehold, NJ

.....(732) 872-3200
95 First Avenue, Atlantic Highlands

•Check-Mate, Inc.

Fort Monmouth Shelter, 417 Burns Avenue, Ft. Monmouth.....(732) 542-8264
25-10 Broad St., Freehold, NJ.....(732) 780-7656
550 Cookman Ave., Asbury Park, NJ.....(732) 774-3100
40 Memorial Parkway, Long Branch, NJ..... (732) 870-6693

HEALTH SERVICES

Alzheimer’s Association, Central New Jersey Chapter.....1-800-883-1180
American Cancer Society..... 1-800-227-2345
American Diabetes Association.....1-888-DIABETES
American Heart Association.....1-800-634-1242
American Lung Association..... (732) 505-0077

American Red Cross.....(732) 741-3443
 Arthritis Foundation.....1-888-467-3112
 Central Jersey Blood Center.....(732) 842-5750
 Community Health Center
 Visiting Nurse Association of Central Jersey.....(732) 774-6333
 Epilepsy Foundation of New Jersey..... 1-800-372-6510
 Greater Monmouth Visiting
 Nursing Association, INC.....1-800-229-0816
 Muscular Dystrophy Association..... (732) 229-1161
 Ombudsman for the Institutionalized Elderly.....1-800-792-8820

1. **Cerebral Palsy of Monmouth County**
(732) 493-5900
 1701 Kneeley Blvd., Wanamassa, NJ 07712
 Monday through Friday 7:30 a.m.-6:00 p.m.
 Provides education, therapy, social, residential, and support services for people with cerebral palsy and other physical disabilities.

2. **Elder Life Management, INC.**
(732) 517-1552
 Ocean Park Center, Suite 300,
 1900 Highway 35, Oakhurst, NJ 07755
 Monday through Friday 9:00 a.m.-5 p.m.
 To assist families and others in the community in issues of elder life management and future planning. Emphasis is on prevention and the maintenance of the elderly in community settings.

3. **Health and Disability Services/Monmouth County Division of Social Services**
(732) 845-2082
 Kozloski Road, P.O. Box 3000 Freehold, NJ 07728
 Monday through Friday 8:30 a.m.-4:30 p.m.
 Offers telephone and home visitation, social workers provide case management, information and referral, advocacy and counseling to mentally alert, physically or developmentally-disabled children, adults, and their families.

Health Departments of Monmouth County:

The health departments of Monmouth County provide public health services such as; communicable disease control; rabies control; sewage disposal; air, water and noise pollution; dog licensing and animal control. They also provide public health nursing services such as, home health care, adult health maintenance programs; chronic disease screening; vital records (birth, death, and marriage certificates); health information and referral services.

Monmouth County Health Department
.....(732) 431-7456
3435 Highway #9, Freehold, NJ 07728
Monday through Friday 8:30 a.m.-4:30 p.m.

Monmouth County Health Department serves all towns in Monmouth County except for the towns listed below which have their own health departments.

Hazlet/Aberdeen Health Department.....(732) 264-5541
Manalapan Township Health Department.....(732) 446-8345
Matawan Regional Health Department.....(732) 566-0740
Middletown Township Health Department.....(732) 615-2094
Red Bank Health Department.....(732) 530-2754

• **COUNSELING**

Mental Health Clinic Services

CentraState Medical Center Services
Psychiatric Services (Outpatient)
901 West Main Street
Freehold, NJ 07728
(732) 294-2805

Jersey Shore Counseling
1945 Route 33
Neptune, NJ 07754
(732) 776-2325

Monmouth Medical Center
Mental Health/Psychiatric Services
300 Second Avenue
Long Branch, NJ 07740
(732) 923-6900

Riverview Medical Center
Mental Health Services
One Riverview Plaza
Red Bank, NJ 07701
(732) 530-2451

CPC Behavioral Healthcare
....(Administration).....(732) 591-750
High Point Center
One High Point Center Way
Morganville, NJ 07751

CPC provides behavioral healthcare services including, mental healthcare, addiction recovery, special education, residential and corporate services.

Mental Health Association of Monmouth County
.....(732) 542-6422
59 Broad Street
Eatontown, NJ 07724
Monday through Friday

The Mental Health Association of Monmouth County is a non-profit, citizen's organization that has been active since 1950. It works to reduce

stigma of mental illness through increasing public understanding of these disorders. Its primary function is to insure that every person in Monmouth County with a mental illness receives prompt and adequate treatment in the most therapeutic, least restrictive setting close to home.

**University Behavioral Health Care-UMDNJ
COPSA Institute for Alzheimers Disease and Related Disorders**
.....(Freehold Office).....(732) 863-1207
.....(Resource Center).....1-800-424-2494
3499 Highway 9 North, Suite 1A,
Freehold, NJ 07728

The Freehold Office of the COPSA Institute provides the following services: Dementia Management Services; Geriatric Outpatient Services; Education and Consultation Services including all elder life issues. The Resource Center is a comprehensive counseling, referral, and information service.

**Carrier Foundation
Freehold Center for Counseling and Outpatient Services:**
.....(732) 780-0707
Juniper Plaza
3499 Highway 9 North, Suite 1A
Freehold, NJ 07728

Carrier is a private, non-profit behavioral healthcare system offering a full continuum of services for adults and adolescents with psychiatric, addiction and emotional problems. Services include inpatient, partial hospital, intensive outpatient and traditional outpatient treatment.

• **ADULT DAY CARE CENTERS**

Asbury

1. **Young At Heart Adult Medical Day Care Center (Medical Day Care)**
.....(732) 775-4451
600 Main Street, Asbury Park, NJ 07712

Holmdel

- 2. **Pleasant Valley at Bayshore** (Social Day Care)
.....(732) 888-4567
678 N. Beers Street, Holmdel, NJ 07733

Jackson

- 3. **Young at Heart Adult Medical Day Care Center** (Medical Day Care)
.....(732) 928-9222
115 Grawtown Rd., Jackson, NJ 08527

Long Branch

- 4. **Our House**
.....(732) 923-6600 (Medical and Social Day Care)
Monmouth Medical Center
Affiliate of St. Barnabas Health Care System
127 bath Ave., Long Branch, NJ 07740

Point Pleasant

- 5. **Day Break** (Social Day Care)
.....(732) 840-9400
Beaver Dam Rd., Point Pleasant, NJ 08742

Wall

- 6. **Allaire Center** (Medical Day Care)
.....(732) 974-7666
Wall Circle Park, Route 34 South
Wall Township, NJ 07719
Monday through Friday 8:30 a.m.-5:30 p.m.

Wayside

- 7. **Wayside Retirement Center** (Social Day Care)
.....(732) 493-3096
West Park Ave., Wayside, NJ 07712

- **DENTAL**

- 1. **Monmouth-Ocean Dental Society**
.....(732) 571-6300
55 Ocean Ave., Unit 3H,
Monmouth Beach, NJ 07750

2. **New Jersey Dental Association**
.....(908) 821-9400

3. **Senior Dent Program**
.....1-800-792-8820

4. **Donated Dental Society**
.....(908) 821-2977
DDS Program Coordinator
One Dental Plaza
North Brunswick, NJ 08902

• **HEALTH RELATED SELF-HELP/
SUPPORT GROUPS**

1. **Alzheimer's Association**
Central New Jersey Chapter
.....1-800-883-1180

2. **American Cancer Society**
.....(732) 758-8220

3. **American Diabetes Association**
.....1-888-DIABETES

4. **American Lung Association**
.....(732) 505-0077

5. **Arthritis Foundation**
.....1-888-467-3112

6. **American Heart Association**
.....(732) 821-2610

7. **NJ Self-Help Clearing House**
.....1-800-367-6274

8. **Epilepsy Foundation**
.....1-800-372-6510

9. **Families Anonymous**
.....(732) 291-1467

• **HEARING**

1. **HAAAD Program**
.....1-800-792-9745

2. **Early Intervention Program
for the Hearing Impaired**
.....(732) 776-2023

• **VISION**

1. **New Jersey Blind Citizens Association, Inc.**
.....(732) 291-0878

2. **New Jersey Commission for the Blind
and Visually Impaired**
.....(732) 684-3333
.....(732) 255-0723

3. **Eyeglasses for the Needy**
.....(732) 376-4903

4. **Vision USA**
.....1-800-766-4466

5. **NJ Lions Eyes for the Needy**
.....1-888-248-7471

6. **National Eye Care Project**
(Medical Eye Care For Free)
.....1-800-222-3937

HOME HEALTH CARE SERVICES

1. **Visiting Nurse Association of
Central Jersey Foundation, INC.**
.....(732) 502-5100
624 Bangs Avenue
Asbury Park, NJ 07712
Monday through Friday
8:30 a.m.-4:30 p.m.

2. **Family and Children’s Service INC.
of Monmouth County**
.....(732) 531-9111
1900 Highway 35 South, Box 639,
Oakhurst, NJ 07755-0639

* * **Statewide Respite Care Program**
See Page 34

3. **Meridian Home Care**
.....1-800-894-6885
615 Hope Road
Eatontown, NJ 07724
24 hours a day, 7 days a week

HOSPITALS

1. **Bayshore Community Hospital/
Bayshore Community Health Service**
.....(732) 739-5900
727 North Beers St.,Holmdel, NJ 07733

5. **Riverview Medical Center**
a division of Meridian Health
System
.....(732) 741-2700
One Riverview Plaza
Red Bank, NJ 07701

2. **CentraState HealthCare System**
.....(732) 431-2000
Route 537 (West Main Street)
Freehold, NJ 07728

3. **Jersey Shore Medical Center,**
a division of Meridian Health System
.....(732) 775-5500
1945 State Highway #33, P.O. Box 397
Neptune, NJ 07754-0397

4. **Monmouth Medical Center,**
an Affiliate of the Saint Barnabas Health
Care System
.....(732) 222-5200
300 Second Ave., Long Branch, NJ 07740

HOUSING GENERAL AND OPTIONAL ARRANGEMENTS

BOARDING HOMES, CONGREGATE APARTMENT HOUSING, CONTINUING CARE RETIREMENT COMMUNITIES, LONG-TERM/LIFE CARE FACILITIES, MULTI-LEVEL FACILITIES, NURSING HOMES, RESIDENTIAL LIVING/HEALTH CARE FACILITIES AND RETIREMENT COMMUNITIES.

A complete list of the above optional living arrangements is available through the Monmouth County Office on Aging. To obtain a copy of this list, please call (732) 431-7450 or 1-800-246-9292.

Name of Service & Contact

Service Description

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| <p>1. Check-Mate, Inc.
 (732) 774-3100
 550 Cookman Avenue
 Asbury Park, NJ 07712
 Monday through Friday 9:00 a.m.-4:30 p.m.</p> | <p>The community action agency of Monmouth County providing services to low and moderate-income residents. Provides HUD counseling, emergency placement, referrals, community education workshops, and mediation in landlord/tenant disputes.</p> |
| <p>2. Monmouth County Community Development Program
 (732) 431-7490
 East Main St., P.O. Box 1255
 Freehold, NJ 07728
 Monday through Friday 9:00 a.m.-5:00 p.m.</p> | <p>Funds a variety of public improvements and public service activities for eligible non-profits and participating municipalities. Files housing discrimination complaints with appropriate federal and state agencies for county residents; provides education, training and referrals for fair housing.</p> |
| <p>3. Interfaith Neighbors, Inc.
 (732) 775-0525
 1206 Main Ave., Asbury Park, NJ 07712
 Monday through Friday 8:30 a.m.-4:30 p.m.</p> | <p>Interfaith Neighbors is a non-profit organization formed in May 1988, for the express purpose of aiding the homeless. They provide rental subsidies for the homeless or nearly homeless families in Monmouth County.</p> |

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| <p>4. Jewish Family and Children’s Service
(Russian Resettlement)
(732) 774-6886
 705 Summerfield Ave.,
 Asbury Park, NJ 07712
 Monday through Friday 9:00 a.m.-5:00 p.m.</p> | <p>Assistance to newly arrived immigrants regarding , housing, medical referral, education, and employment.</p> |
| <p>5. Monmouth County Department of
Human Services
Division of Social Services
1-800-662-3114
 Kozloski Rd., P.O. Box 3000
 Freehold, NJ 07728</p> | <p>Offers rental subsidies, Rental Assistance Programs, resource development, tenant/landlord relations, rights and responsibilities counseling.</p> |
| <p>6. New Jersey Department of Community
Affairs – Rental Assistance Programs-
Monmouth County Office
(732) 542-2813
 1 Main St., Room 109, Eatontown, NJ 07724
 Monday through Friday 9:00 a.m.-5:00 p.m.</p> | <p>The Bureau of Housing Services offers, at the present time, three programs designed to provide rental subsidies to the elderly, handicapped, disabled and low-income families. Some families may be eligible for assistance with rental arrearages or security monies to prevent homelessness.</p> |
| <p>7. Project Paul, Inc.
(732) 787-4887
 211 Carr Ave., Keansburg, NJ 07734
 Monday through Friday 10:00 a.m.-3:00 p.m.
 Saturday 10:00 a.m.-3:00 p.m.</p> | <p>Assists in preventing homelessness. Project Paul disperses SSH and FEMA funds, according to the guidelines of the funding source in the Bayshore area.</p> |

HOUSING
SUBSIDIZED APARTMENTS FOR THE ELDERLY

ASBURY PARK

Asbury Towers
1018 First Avenue
Asbury Park, NJ 07712
(732) 774-2660
350 units

Kingsley Arms
1004 Comstock Street
Asbury Park, NJ 07712
(732) 774-2660
94 units

Lumley Homes B
1025 Second Avenue
Asbury Park, NJ 07712
(732) 774-2660
30 units

Robinson Tower
1000 Third Avenue
Asbury Park, NJ 07712
(732) 774-2660
105 units

Comstock Courts
1701 Ocean Avenue
Asbury Park, NJ 07712
(732) 988-9090
50 units

Lumley Homes A
200 Deal Lake Drive
Asbury Park, NJ 07712
(732) 774-1453
30 units

Philip Seaview Tower
206-220 First Avenue
Asbury Park, NJ 07712
(732) 774-3022
220 units

Stephen Manor
Atlantic and Union Avenues
Asbury Park, NJ 07712
(732) 774-1700
90 units (10 for seniors)

**ATLANTIC
HIGHLANDS**

Portland Point
202 First Avenue
Atlantic Highlands, NJ 07716
(732) 872-9040
58 units

BELMAR

Belmar Plaza Apartments
710 Eighth Avenue
Belmar, NJ 07719
(732) 449-2780
50 units

EATONTOWN

Meadowbrook
55 Wyckoff Road
Eatontown, NJ 07724
(732) 542-6702
196 units

FREEHOLD

Hudson Manor
40 Hudson Street
Freehold, NJ 07728
(732) 431-4880
164 units

HAZLET

Monmouth Court
107 Throckmorton Street
Freehold, NJ 07728
(732) 462-2421
47 units

Bethany Towers
1 Clark Street
Hazlet, NJ 07730
(732) 264-9550
140 units

HIGHLANDS

Middle Road Village
423 Middle Road
Hazlet, NJ 07730
(732) 264-6555
212 units

Ptak Towers
215 Shore Drive
Highlands, NJ 07732
(732) 872-2022
95 units

HOWELL

Friendship Gardens
100 Friendship Gardens
Howell, NJ 07731
(732) 370-9110
99 units

The Crossroads at Howell
Route 9 & Strickland Road
Howell, NJ 07731
1-(800)-222-0609
85 units

KEANSBURG

Granville Towers
1 Church Street
Keansburg, NJ 07734
(732) 787-6151
80 units

McGrath Towers
25 Hancock Street
Keansburg, NJ 07734
(732) 787-6161
110 units

KEYPORT

**Bethany Tower Apartments
And Annex**
500 Broad Street
Keyport, NJ 07735
(732) 264-9550
331 units

**Keyport Legion
Apartments**
50 Beers Street
Keyport, NJ 07735
(732) 264-2711
209 units

LINCROFT

Luftman Towers
41 Hurley's Lane
Lincroft, NJ 07738
(732) 530-0668
189 units

Hobart Manor
James and Joline Avenues
Long Branch, NJ 07740
(732) 222-4533
57 units

Ocean Point Tower
10 Pavillion
Long Branch, NJ 07740
(732) 870-6400
151 units

MATAWAN

Minnisink Village
Minnisink Drive
Matawan, NJ 07747
(732) 583-4980
108 units

Bayshore Village
Shoal Harbor Court
Port Monmouth, NJ 07758
(732) 787-8840
96 units

NEPTUNE CITY

**Neptune City Senior
Housing Apartments**
2000 Sixth Avenue
Neptune City, NJ 07753
(732) 988-2540
60 units

LONG BRANCH

Chester Arthur Apartments
11 Union Avenue
Long Branch, NJ 07740
(732) 222-4051
60 units

Kennedy Towers
36 Rockwell Avenue
Long Branch, NJ 07740
(732) 222-3747
100 units

**Washington Manor
(Grauman Tower)**
325 Presidential Parkway
Long Branch, NJ 07740
(732) 571-9373
100 units

MIDDLETOWN

Alice V. Tomaso Plaza
Oakdale Drive
Middletown, NJ 07748
(732) 671-2990
152 units

Daniel Tower
Oakdale Drive
Middletown, NJ 07748
(732) 671-1629
100 units

NEPTUNE

John W. Knox Homes
19 Davis Avenue
Neptune, NJ 07753
(732) 774-7692
50 units

Lake Alberta Homes
Taylor and Sixth Avenues
Neptune, NJ 07753
(732) 774-7692
55 units

R.W. Stout Homes
1810 Alberta Avenue
Neptune, NJ 07753
(732) 774-7692
75 units

Sebastian Villa
2305 West Bangs Avenue
Neptune, NJ 07753
(732) 775-6362
171 units

William Steele Homes
Atkins and Heck Avenues
Neptune, NJ 07753
(732) 774-7692
45 units

OAKHURST

Poplar Village
67 Skinner Drive
Oakhurst, NJ 07755
(732) 531-2929
93 units

OCEANPORT

Oceanport Gardens
274 East Main Street
Oceanport, NJ 07757
(732) 542-2436
101 units

RED BANK

Evergreen Terrace
P.O. Box 2158
Red Bank, NJ 07701
(732) 741-1808
50 units

Weselyan Arms
9 Wall Street
Red Bank, NJ 07701
(732) 922-9802 ext. 127
60 units

ROOSEVELT

Roosevelt Senior Housing
North Valley Road
Roosevelt, NJ 08555
(609) 371-1350
20 units

WALL TOWNSHIP

Allaire Crossing
2011 New Bedford Road
Wall, NJ 07719
(732) 449-5889
66 units

WEST LONG BRANCH

Peter Cooper Village
200 Forest Street
West Long Branch, NJ 07764
(732) 229-3800
150 units

INSURANCE

1. **Insurance Ombudsman**.....1-800-624-4262

Medicare:

2. **Counseling on Health Insurance for Medicare Enrollees (CHIME) Coordinator**.....(732) 531-5511

3. **Medicare Part A Intermediary**.....(973) 456-2112
Blue Cross Blue Shield of NJ
33 Washington Street
Newark, NJ 07102

4. **Medicare Part B Claims**.....1-800-462-9306
Pennsylvania Blue Shield, Medicare Part B
P.O. Box 400010, Harrisburg, PA 17140-0010
Monday through Friday
Hours: 8:30 a.m.-4:00 p.m.

5. **Medicare Enrollment**.....1-800-772-1213
(Social Security Office)

6. **Medicare Fraud and Abuse**.....1-800-447-8477

7. **Medicare Fraud Investigations Unit (Medicare Part A)**
33 Washington Avenue, Mail Station 7C, Newark, NJ 07102

8. **Medicare Fraud Investigations Unit (Medicare Part B)**
Pennsylvania Blue Shield, P.O. Box 890008
Camp Hill, PA 17089-0008

9. **Medicare Patients' Rights**.....1-800-624-4557
Peer Review Organization of NJ, Inc.

10. **Medicare Toll-Free Information Service**.....1-800-462-9306
Hours: 9:30 a.m.-1:00 p.m., Monday through Friday

* * * * *

11. **New Jersey Department of Insurance**
Division on Enforcement and Consumer Protection
CN 325, Trenton, NJ 08625
Medigap and long-term care policies.....(609) 984-7705
Life, health, auto & homeowners policies.....(609) 292-5316

LEGAL SERVICES

Name of Service & Contact

Service Description

- 1. Legal Services (Under Older Americans Act)
Ocean/Monmouth Legal Services
.....(732) 866-0020**
 - 2. Adjuster, County of Monmouth
.....(732) 431-6302
Social Services Bldg., Kozloski Road
Freehold, NJ 07728**
 - 3. Community Health Law Project
.....(732) 355-8282
1011 Bond Street
Asbury Park, NJ 07712**
 - 4. Legal Aid Society of Monmouth County
.....(732) 776-7733
P.O. Box 86, 1301 Main Street
Asbury Park, NJ 07712**
 - 5. Monmouth County Crime Prevention Office
.....(732) 577-8755
Monmouth County Police Academy
Kozloski Road, Freehold, NJ 07728**
- Legal services are available under the Older Americans Act to provide legal assistance by or under the supervision of an attorney, to protect and secure the rights of older persons. For additional information call the Office on Aging at 1-800-246-9292.
- Acts as referee for the County Court in all matters pertaining to admissions to State Facilities, both for mentally-ill and mentally retarded.
- Legal and non-legal advocacy services in civil matters for mentally and developmentally impaired individuals.
- To provide legal counsel and assistance on problems of civil law to eligible residents of Monmouth County, including court representation where necessary.
- Crime prevention presentations available to any and all groups in the county, with such topics as personal safety, home security, fraud, telemarketing fraud, car theft, vacation safety, obscene

6. **Monmouth County Sheriff's Office – TRIAD Program**
.....(732) 431-7138
50 East Main Street
Freehold, NJ 07728

phone calls, etc. This office will travel to any county location for the purpose of bringing the theories of crime prevention to the citizens of Monmouth County.

The TRIAD Program is a three-way cooperative effort among the Sheriff's Office, the Chiefs of Police Association and the leadership of the local various senior organizations. The primary goal is to reduce the criminal victimization of older citizens and enhance the delivery of law enforcement.

7. **Ocean/Monmouth Legal Services Law Center**
.....(732) 866-0020
25 Broad Street, Suite 13
Freehold, NJ 07728
.....(732) 341-2727
9 Robbins Street, Suite 2A
Toms River, NJ 08753

Legal assistance to eligible low-income individuals and groups in certain civil, non fee-generating matters. Assistance can also be provided to all seniors in Monmouth County.

8. **Office of the Public Guardian**
.....(609) 633-7402
CN 812, 216 West State Street
Trenton, NJ 08625-0812
Monday through Friday
8:30 a.m.-4:30 p.m.

Guardianship/conservatorship services to individuals 60 years of age and older who meet the eligibility requirements. Services include visits, coordination of social services, trust/property management, and legal services.

9. **Surrogate's Office**
.....(732) 431-7330
Hall of Records
1 E. Main Street
Freehold, NJ 07728

Probating Wills, Administrations, Guardianships, Adoptions, Incompetencies

NUTRITION

Monmouth County Nutrition Program

Program Sites:

Home Delivered Meals
(part of Interfaith Neighbors)
1206 Main Street
Asbury Park, NJ 07712
(732) 775-5155
Monday through Friday
8:30 a.m.-4:30 p.m.

Congregate Nutrition Sites:

Asbury Park Senior Center
802 Ocean Avenue
Asbury Park, NJ 07712
(732) 988-5252

Bayshore Senior Day Center
100 Main Street
Keansburg, NJ 07734
(732) 495-2454

Belmar Nutrition Site
First United Methodist Church
7th and D Street
Belmar, NJ 07719
(732) 681-8919

Howell Senior Center
Preventorium Road
P.O. Box 580
Howell, NJ 07731
(732) 938-4500

Keyport Senior Center
110 Second Street
Keyport, NJ 07735
(732) 264-4916

Long Branch Senior Center
85 Second Avenue
Long Branch, NJ 07740
(732) 571-6542

Marlboro Kosher Site
Marlboro Jewish Center
School Road West (P.O. Box 98)
Marlboro, NJ 07746

Middletown Senior Center
Croydon Hall
Leonardville Road
Leonard, NJ 07737
(732) 615-2265

Millstone Senior Center
524 Sweetman's Lane
Millstone, NJ 08501
(609) 259-8904

Neptune Senior Center
1835 Corlies Avenue
Neptune, NJ 07753
(732) 988-8855

Red Bank Senior Center
80 Shrewsbury Avenue
Red Bank, NJ 07701
(732) 747-5204

Shore Kosher Nutrition-Site
100 Grant Avenue
Deal Park, NJ 07723
(732) 531-5144

* * * * *

**Nutrition Programs/
Food Pantry Programs:**

**Calico Cat Food Pantry
and Cupboard**

96 Kings Highway
Middletown, NJ 07748
(732) 671-0550
Pantry and Cupboard Hours:
Wednesdays, 9:30 a.m.-3:30 p.m.
Summer Hours- Wednesday,
9:30 a.m.- 12:30 p.m.

Center of Love

115 Dewitt Avenue
(732) 775-1450
Asbury Park, NJ 07712
Monday through Friday
9:00 a.m.-6:00 p.m.

Belmar Methodist Food Pantry

7th Avenue and D Street
Belmar, NJ 07719
(732) 681-1385
Monday and Thursday (except holidays)
10:00 a.m.-12 noon

**Emergency Pantry Action
Committee of United Way
of Monmouth County**

1415 Wyckoff Road
Farmingdale, NJ 07727
Monday through Friday
9:00 a.m.-5:00 p.m.

Freehold Area Open Door

P.O. Box 1073
39 Throckmorton Street
Freehold, NJ 07728
(732) 780-1089

Howell Emergency Food Pantry

Human Services Building
Route 524, Ardena Road
Howell, NJ 07731
(732) 938-2368

Interfaith Neighbors, Inc.

1206 Main Avenue
Asbury Park, NJ 07712
(732) 775-0525
Monday through Friday
8:30 a.m.-4:30 p.m.

**Jewish Family and Children's
Service (Holiday Program)**

705 Summerfield Avenue
Asbury Park, NJ 07712
Monday through Friday
9:00 a.m.-5:00 p.m.

Lunch Break
 121 West Bergen Place
 Red Bank, NJ 07701
 (732) 747-8577
 Monday through Friday
 10:00 a.m.-2:00 p.m.

**Food Stamps (Monmouth County
 Division of Social Services)**
 250 Center Street
 Freehold, NJ 07728
 Monday through Friday
 7:30 a.m.-4:30 p.m.

Mercy Center
 1106 Main Street
 Asbury Park, NJ 07712
 (732) 774-9397
 Monday through Friday
 8:30 a.m.-4:00 p.m.

Middletown Helps Its Own
 P.O. Box 105
 Port Monmouth, NJ 07748
 (732) 787-3604
 24-Hours/7 Days-a-Week

OUTREACH

Name of Service & Contact

Description

1. **Asbury Park Minority Senior
 Outreach Program**
(732) 840-9400

To strengthen the
 outreach service
 availability for minority
 elderly in the City of Asbury
 Park.

* * * * *

For more information on Senior Outreach Programs in Monmouth County please refer to the section on Senior Centers or contact the Office on Aging at (732) 431-7450 or 1-800-246-9292.

SENIOR ORGANIZATIONS

**American Association of Retired Persons.....1-800-424-3410
 (AARP).....(202) 434-2277**
 601 East Street, NW, Washington, DC 20049

National Association of Retired Federal Employees.....(202) 234-0832
 1533 New Hampshire Avenue, NW, Washington, DC 20005

National Council on Aging.....(202) 479-1200
 600 Maryland Avenue, SW, Washington, DC 20005

National Council of Senior Citizens.....(202) 347-8800
1331 F Street, NW, Washington, DC 20004

** For more information on senior citizen clubs in your vicinity, call the Office on Aging at (732) 431-7450 or 1-800-246-9292.

SOCIAL, CULTURAL & RECREATION

SENIOR CENTERS:

Asbury Park Senior Center
802 Ocean Avenue
Asbury Park, NJ 07712-6217
(732) 988-5252
Monday through Friday
9:00 a.m.-4:30 p.m.

Bayshore Senior Day Center
100 Main Street
Keansburg, NJ 07734-1799
(732) 495-2454
Monday through Friday
8:00 a.m.-4:00 p.m.

Eatontown Community Center
68 Broad Street
Eatontown, NJ 07724-1518
(732) 389-7647
Monday through Friday
7:00 a.m.-6:00 p.m.

Highlands Community Center
22 Snug Harbor Avenue
Highlands, NJ 07732-1465
(732) 872-1959

Howell Senior Center
P.O. Box 580
Preventorium Road
Howell, NJ 07731
(732) 938-4500
Monday through Friday
8:30 a.m.-4:30 p.m.

Keyport Senior Center
110 Second Street
Keyport, NJ 07735-1848
(732) 264-4916
Monday through Friday
9:00 a.m.-4:30 p.m.

Long Branch Senior Center
85 Second Avenue
Long Branch, NJ 07740-6725
(732) 571-6542
Monday through Friday
8:30 a.m.-4:30 p.m.

Manalapan Senior Center
211 Freehold Road
Manalapan, NJ 07726
(732) 446-8401
Monday through Friday
9:00 a.m.-4:00 p.m.

Middletown Senior Center

Croydon Hall
900 Leonardville Road
Leonardo, NJ 07737-1339
(732) 615-2265
Monday through Friday
8:30 a.m.-4:30 p.m.

Neptune Township Senior Center

1825 Corlies Avenue
Neptune, NJ 07753
(732) 988-8855
Monday through Friday
8:30 a.m.-4:30 p.m.

Red Bank Senior Center

80 Shrewsbury Avenue
Red Bank, NJ 07701
(732) 747-5204
Monday through Friday
8:30 a.m.-4:00 p.m.

* * * * *

- 1. **Clamming and Oyster License**
.....(609) 292-2965
Division of Fish, Game & Wildlife
CN 400, Trenton, NJ 08625

State application available for those 62 years of age and older. Free with proof of Residency and age from the Division of Fish, Game and Wildlife. (\$2.00 processing fee)

- 2. **Concerts/Summer Programs**
.....(732) 842-4000
Monmouth County Park

Call Monmouth County Park for more information regarding all concerts and Summer programs.

- 3. **Family Fishing License:**
NJ Dept. of Environmental Protection
.....(609) 292-2965
Division of Fish, Game & Wildlife
CN 400, Trenton, NJ 08625

- 4. **P.N.C Arts Center**
Cultural Center Fund
.....(732) 335-0400
P.O. Box 300, Holmdel, NJ 07733

5. **Golf Courses (County):**

- **Bel Aire Golf Course**, Route 34 at Allaire Road, Wall Township, (732) 449-6024
- **Hominey Hill Golf Course**, Mercer Road, Colts Neck, (732) 462-9222

- **Howell Park Golf Course**, Preventorium Road, Howell Township, (732) 938-4771
- **Shark River Golf Course**, Old Corlies Road, Neptune Township, (732) 922-4141

* * Golf Courses (Municipal):
Consult yellow pages of telephone directory.

6. **New Jersey Travel Information** Will answer travel questions
.....(609) 292-2470 for state of N.J.

7. **Parks, County:**
Monmouth County Park System
.....(732) 842-4000

-**Bayshore Waterfront Park**
Port Monmouth, NJ

-**Monmouth Cove Marina**
Port Monmouth, NJ

-**Clayton Park**
Upper Freehold, NJ

-**Mt. Mitchell Scenic Overlook**
Atlantic Highlands, NJ

-**Deep Cut Gardens**
Middletown, NJ

-**Pine Brook Golf Course**
Manalapan, NJ

-**Dorbrook Recreation Area**
Colts Neck, NJ

-**Seven Presidents Park**
Long Branch, NJ

-**East Freehold Park**
Freehold, NJ

-**Shark River Park**
Neptune, NJ

-**Fisherman's Cove Conservation Area**
Colts Neck, NJ

-**Tatum Park**
Middletown, NJ

-**Hartshorne Woods Park**
Middletown, NJ

-**Thompson Park**
Lincroft, NJ

-**Henry Hudson Trail**
Aberdeen to Atlantic Highlands, NJ

-**Turkey Swamp Park**
Freehold Twp., NJ

-**Holmdel Park**
Holmdel, NJ

-**Historic Walnford**
Allentwon, NJ

-**Hominey Hill Golf Course**
Mercer Road, Colts Neck, NJ

-**Weltz Park**
Ocean, NJ

-Howell Park Golf Course
Preventorium Road
Howell, NJ

-Baysholm
Preserved

-Huber Woods Park
Locust (Middletown Twp.), NJ

-Charelston Springs
Rt. 537, Millstone Twp., NJ

-LongStreet Farm
Holmdel, NJ

-Sunnyside
Middletown, NJ

-Manasquan Reservoir
Howell Twp., NJ

-Shark River Golf Course
Neptune, NJ

-Manasquan Stream Valley
Howell and Wall Twp., NJ

8. Parks, State of New Jersey

- Barnegat Lighthouse State Park,(609) 494-2016
- Bass River State Forest, New Gretna.....(609) 296-1114
- Game Farm (Sanctuary), Forked River.....(609) 693-3081
- Island Beach State Park, Island Beach.....(732) 793-0506

* * Residents of the State of NJ who are 62 years of age or older may apply for free admission to any State Park at the State Park entrance. Proof of age and residency are required along with Social Security number. Passes may be obtained during the week from 9:00 a.m. to noon and 1:00 p.m. to 4:00 p.m. NO HOLIDAY OR WEEKEND PASSES.

9. Parks, National:

- Gateway National Recreation Area.....(732) 872-0115
Sandy Hook, New Jersey
- Information on National Parks.....(732) 872-0092

* * Golden Age Passport is a \$10.00 fee lifetime entrance permit to citizens or permanent residents of the U.S. who are 62 years of age or older, to national parks, etc. managed by the federal government. Available only in person; must show proof of age at most federal recreation areas.

10. Tourism

.....(732) 431-7476
27 E. Main Street
Freehold, NJ 07728

Provides Monmouth County residents with a listing of activities, calendar of events, lodging etc.

11. **Monmouth County Y.M.C.A**
 (Administration Office)
(732) 530-5144

**YMCA of Western
 Monmouth County**
 470 East Freehold Road
 Freehold, NJ 07728
 (732) 462-0464

**YMCA of Eastern
 Monmouth County**
 166 Maple Avenue
 Red Bank, NJ 07701
 (732) 741-2503

SOCIAL SERVICES

Name of Service & Contact

Service Description

1. **Adult Protective Services
 Family and Children’s Service
 INC. of Monmouth County**
(732) 531-9191
 1900 Highway 35 South, Box 639,
 Oakhurst, NJ 07755-0639
 Monday through Friday
 8:30 a.m.-4:30 p.m.

Protective Services for the elderly is a program of socio-legal intervention for persons in Monmouth County who are being psychologically, physically, or financially abused or neglected by their “caretaker” or family. The program is sponsored by Family and Children’s Service. Persons 18 years and older who live alone and are unable to care for themselves or protect themselves from jeopardy are also served.

2. **American Red Cross-
 Jersey Coast Chapter**
(732) 741-3443
 830 Broad Street
 Shrewsbury, NJ 07702
 Monday through Friday
 9:00 a.m.-5:00 p.m.

A non-profit volunteer organization that provides emergency services for military personnel and their families; emergency assistance (food, clothing, etc. for those stricken by disaster, large or small); CPR, First Aid, Water Safety and AIDS education; Blood Services; International Tracing Services; and Lifeline Emergency Response System.

3. **Check-Mate, INC.**
.....(732) 774-3100
550 Cookman Avenue
Asbury Park, NJ 07712

4. **Community Care Program
for the Elderly and Disabled
(CCPED)
Monmouth Co. Division of Social Services**
.....(732) 736-7100

5. **Hispanic Affairs and Resource
Center of Monmouth County**
.....(732) 774-3282
913 Sewall Avenue
Asbury Park, NJ 07712

46 Memorial Parkway
Long Branch, NJ 07740
(732) 222-4473

12 Throckmorton Street
Freehold, NJ 07728

6. **New Jersey Care
Monmouth County Division of
Social Services**
.....(732) 431-6300
3000 Kozloski Road
Freehold Twp., NJ 07728

Check-Mate Inc. provides services to low and moderate-income residents. Services include: Housing Assistance; Emergency Shelter Program; AIDS Education Project; Day Care Project; Energy Projects; and Resource Centers.

CCPED is a special Medicaid program designed to provide various home services to Monmouth County clients who are in need of the nursing home level of care, but who want to remain in the community and who meet certain income guidelines.

The Hispanic Affairs of and Resource Center provides assistance to the Hispanic community in the following areas: Interpretive translation, escort services, advocacy, notary, application and forms assistance, information and referrals, job referrals, technical assistance to other human service providers, youth support services, and English as a Second language are just some of the programs offered.

New Jersey Care's aged, blind and disabled program provides full Medicaid coverage to aged, blind and disabled people who meet specified income and asset guidelines.

7. **New Jersey Self-Help Clearing House**
1-800-367-6274
 St. Clares-Riverside Medical Center
 Denville, NJ 07834
 Monday through Friday
 9:00 a.m.-5:00 p.m.

Information and referral services to Mutual Aid Self-Help/MASH groups.

8. **Monmouth County Division of Social Services**
(732) 431-6000
1-800-662-3114
 (Main Office) 3000 Kozloski Road
 Freehold Twp., NJ 07728

Division of Social Services provides assistance to senior citizens with financial, medical, and social services. The following are some services provided: Community Care Program for the Elderly and Disabled, Emergency Assistance, Income Assistance, Food Stamps, Medicaid Programs, Volunteer Unit, and Burial Assistance.

9. **Monmouth County Advisory Commission on the Status of Women**
(732) 577-6681
 3000 Kozloski Road
 Freehold, NJ 07728

Provides county and state resources and printed literature for women in need of assistance in such areas as employment training, domestic violence, child abuse, family court system, family difficulties, child care, health, sexual harassment.

10. **Catholic Charities Family & Community Services**
(732) 747-9660
 145 Maple Avenue
 Red Bank, NJ 07701

Emergency shelter, counseling and legal advocacy services for victims of domestic violence and their children.

9. **The Salvation Army**
 Asbury Park, NJ 07712

Locations: **Community Center**
 605 Asbury Avenue
 (732) 774-4481

Headquarters
 510 Grand Avenue
 (732) 775-8698

Thrift Store
 821 Main Street
 (732) 775-8633

10. **Emergency Shelter and
Transitional Housing Program-
Monmouth County Division of
Social Services**
.....(732) 431-6000
.....1-800-662-3114

Provides temporary shelter for homeless eligible families and allows for the provision of social services and transportation.

11. **Statewide Respite Care Program
Family and Children’s Service**
.....(732) 531-5511
1900 Route 35
Oakhurst, NJ 07755-0639

This program provides respite services to families experiencing fatigue and stress due to long-term caregiving of frail elderly and/or disabled members. Priority is given to families where the impaired member is at risk of long-term institutionalization due to the inability of the caregiver to continue in the role.

11. **United Way of Monmouth
County
First Call For Help.....(732) 938-2250**
www.unitedwaymonmouth.org

The United Way of Monmouth County is a non-profit volunteer organization, making an impact on the lives of our friends and neighbors. For further information on resources in Monmouth County, United Way can service you through their telephone service or online directory.

TAX BENEFITS

- 1. Senior Citizens Property Tax Deduction**

A deduction on property taxes to homeowners 65 and over with limited income. Contact your local tax assessor's office.
- 2. Veterans Property Tax Deductions**

Available to qualified Veterans regardless of income, or to Veteran's widows regardless of income if they do not remarry. Contact your local tax assessor's office.
- 3. NJ Homestead Rebate and New Property Tax Deduction/Credit:**

Must file the N.J. 1040 Tax return and rebate forms.
Call (732) 449-0201

Provides up to \$500 for qualified homeowners and tenants based on income and amount of property taxes or rent paid during the previous year.
- 4. NJ Property Tax Freeze Homestead Property Tax Reimbursement Program**

For more information call 1-800-882-6597

Provides a yearly reimbursement for eligible homeowners where there has been an increase from previous year's tax amount. Must meet income guidelines for NJ PAAD Program.

TOLL-FREE NUMBERS

Alcoholism	1-800-322-5525
Alzheimer's Disease	1-800-883-1180
American Cancer Society	1-800-227-2345
American Diabetes Association	1-888-DIABETES
American Heart Association	1-800-634-1242
Auto Safety	1-800-424-9393
Cancer Information	1-800-422-6237
Consumer Protection	1-800-242-5846

Consumer Product Safety	1-800-638-2772
Deaf/Hard of Hearing Hotline	1-800-792-8339
Department of Public Health	1-800-792-9770
Drug Abuse	1-800-225-0196
Elderly Abuse(Nursing Home Ombudsman)	1-800-792-8820
Eye Care Helpline	1-800-222-3937
Gambling, Compulsive	1-800-GAMBLER
Hearing Aid Helpline	1-800-521-5247
Home Energy Assistance	1-800-222-0130
Housing Discrimination	1-800-669-9777
Income Tax (Federal)	1-800-829-1040
Income Tax (State)	1-800-323-4400
League of Women Voters	1-800-792-8683
Legislation Hotline (NJ Bills)	1-800-792-8630
Library for Blind & Disabled (NJ)	1-800-792-8322
Lifeline Credit	1-800-792-9745
Medicare Information (NJ only)	1-800-462-9306
Medigap Insurance	1-800-638-6833
National Eye Care Project	1-800-222-3937
N.J. Self-Help Clearinghouse	1-800-367-6274
Pharmaceutical Assistance to the Aged and Disabled (PAAD)	1-800-792-9745
Poison Control Center	1-800-962-1253
Second Opinion Surgery	1-800-638-6833
Senior Dent Program	1-800-792-8820
Social Security Administration	1-800-772-1213
State of New Jersey Department of Health & Senior Services	1-800-792-8820
Veteran's Administration (Federal Regional)	1-800-827-1000
Violent Crimes Compensation Board Hotline	1-800-242-0804
Women's Referral Center	1-800-322-8092

TRANSPORTATION

Name of Service & Contact

1. Amtrak
.....1-800-872-7245

Service Description

A discount on rail fare will be given off regular coach fare to handicapped travelers (25% discount) and senior citizen travelers (15% discount). The discount fare will be granted to passengers who present appropriate identification. This discount does **not** apply on club car seats or sleeping space charges. For additional

information call Amtrak.

2. Bridge Fees – Reduced Fee Tickets
.....(609) 963-6420

Those seniors age 65 and over using the Benjamin Franklin Bridge, Walt Whitman Bridge, Betsy Ross Bridge or the Commodore Barry Bridge may apply for reduced fee tickets. Tickets may be purchased through the mail, but initial registration must be made at the Administration Building of the Bridge. Applicants must show proof of age (birth certificate or driver's license). A book of 20 tickets costs \$20 (half price).

3. Special Citizen Area Transportation (SCAT)
Monmouth County Division of Transportation
.....(732) 431-6480
250 Center Street
Freehold, NJ 07728

SCAT is available for medical transportation for persons age 60 and older and/or disabled. Transportation for shopping is available in the municipalities that have contracted with SCAT.

4. Reduced Fare Program- New Jersey Transit
.....(973) 378-6401
.....(973) 378-6327
180 Boyden Avenue
Maplewood, NJ 07040

Half-fare program is available for senior citizens, 62 years of age and older, and disabled persons who purchase tickets on N.J. Transit trains and buses. Some private bus companies operating in the state also participate in the program. Those 65 years of age or older can use their Medicare Card. Those 62-64 years of age can call the Office on Aging for an application . Half-fare rates are in effect during off-peak hours.

5. **Shared Ride Service**
(732) 780-1121
 Operates Mondays, Wednesdays
 and Fridays 8am to 4pm.

24-hour advance reservation required; Share a ride for personal shopping, medical and personal trips. Open to senior citizens and disabled residents. Wheelchair accessible transportation available.

VOLUNTEER PROGRAMS

Name of Service & Contact

Service Description

1. **AmeriCorps Corporation For National Service**
1-800-942-2677

The National Senior Service Corps utilizes the skills, talents, and experiences of older Americans to help make communities stronger, safer, healthier and smarter.

2. **Family and Children’s Service INC. of Monmouth County**
(732) 531-9111
 1900 Highway 35 South, Box 639,
 Oakhurst, NJ 07755-0639
 Monday through Friday
 8:30 a.m.-4:30 p.m.

RSVP (Retired Senior Volunteer Program) has a variety of volunteering opportunities in the county for anyone over 60 years of age. Volunteers must sign up for a minimum of 4 hours, one day per week.

3. **Volunteer Center of Monmouth County**
(732) 728-1238
 191 Bath Avenue
 Long Branch, NJ 07740
 Monday through Friday
 9:00 a.m.-5:00 p.m.

The volunteer center provides and promotes volunteer opportunities, programs and services to meet community needs through more than 250 non-profit organizations in the county.

4. **Volunteers in Public Service
Monmouth County Division of
Social Services**
.....(732) 845-2071
P.O. Box 3000
Freehold, NJ 07728
Monday through Friday
8:30 a.m.-4:30 p.m.

Volunteers in Public Service is a program that joins the energy, skills, and talent of community volunteers in extending and enriching government programs that serve elderly and disabled persons, and children and family with special needs.

5. **Senior Citizen's Activities Network
(SCAN)**
.....(732) 542-1326
Monmouth Mall
Eatontown, NJ 07724

SCAN needs people to help run the Center. Volunteers staff the reception desk, greet visitors, register new members and host the various activities. Call for more information.