

FREE HEALTH SCREENINGS FOR ADULTS AGE 55+



3RD THURSDAY OF EVERY MONTH 1-2 PM

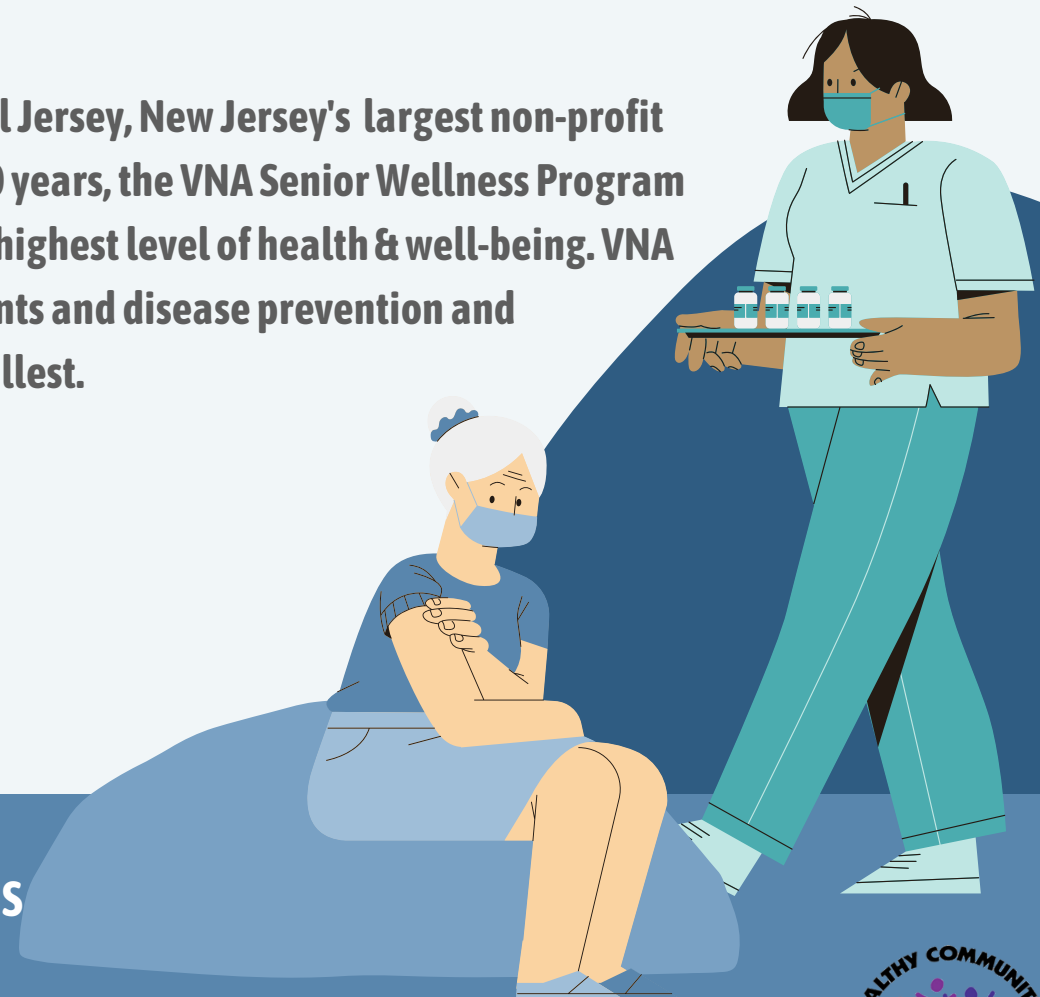
DON & MARIE CURTIS SENIOR CENTER 615 WEST PARK AVE., OAKHURST

Making Your Prime Time Your Best Time

The Senior Wellness Program is provided by VNA of Central Jersey, New Jersey's largest non-profit provider of clinical care in homes and communities. For 40 years, the VNA Senior Wellness Program has been helping older adults achieve and maintain their highest level of health & well-being. VNA nurses provide individualized health & wellness assessments and disease prevention and detection so older adults can focus on living life to their fullest.

Services provided include:

- Monitoring of vital signs
- Medication review
- Nutrition education
- Disease prevention



TOWNSHIP OF OCEAN DEPARTMENT OF HUMAN SERVICES

732-531-2600

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